



HOW TO MIX HAPPY BABY[®] ORGANIC INFANT FORMULA

USE THIS FEEDING CHART FOR PROPER AMOUNT OF WATER AND POWDER

TO MAKE	WATER	POWDER <small>(use scoop enclosed to measure)</small>
2 fl oz bottle	2 fl oz	1 unpacked level scoop
4 fl oz bottle	4 fl oz	2 unpacked level scoops
6 fl oz bottle	6 fl oz	3 unpacked level scoops
8 fl oz bottle	8 fl oz	4 unpacked level scoops

PREPARATION INSTRUCTIONS



1

Wash hands thoroughly and clean preparation area.



2

To make standard dilution (20kcal/fl oz (0.67kcal/mL), add 1 unpacked level scoop of powder formula to 2fl oz (60mL) of water.

- Pour desired amount of warm water (approximately 100° F/40°C) into a clean bottle.
- Add powder to water in bottle.
- Prepare formula in even-numbered fluid ounces only (for example, 2 ounces, 4 ounces, 6 ounces, etc., and NOT 1 ounce, 3 ounces, and so on). This is because you cannot get an exact half-scoop measurement, and you may wind up over- or under-concentrating the formula.



3

Cap bottle and shake until powder is dissolved.

- Feed immediately and discard used formula within 1 hour.
- It is normal for formula to sometimes be foamy.

It is VERY important that you do not water down formula or add more powder than necessary unless directed by a healthcare professional. This can be VERY dangerous for your baby. If you need help with buying formula, contact your local WIC office, or call 211 (in most states).

Healthcare Professional to fill in if different recipe concentration is desired:

To make _____ kcal/fl oz

Fill bottle to _____ fl oz of water

Add _____ scoops of formula

To make _____ kcal/mL

Fill bottle to _____ mL oz of water

Add _____ g of formula



SCAN TO
CHAT NOW!



CHAT LIVE

WITH INFANT FEEDING EXPERTS!



Rachel
MS, RD, LDN,
CSSD, CBS



Allison
MS, RDN,
CDN, CBS



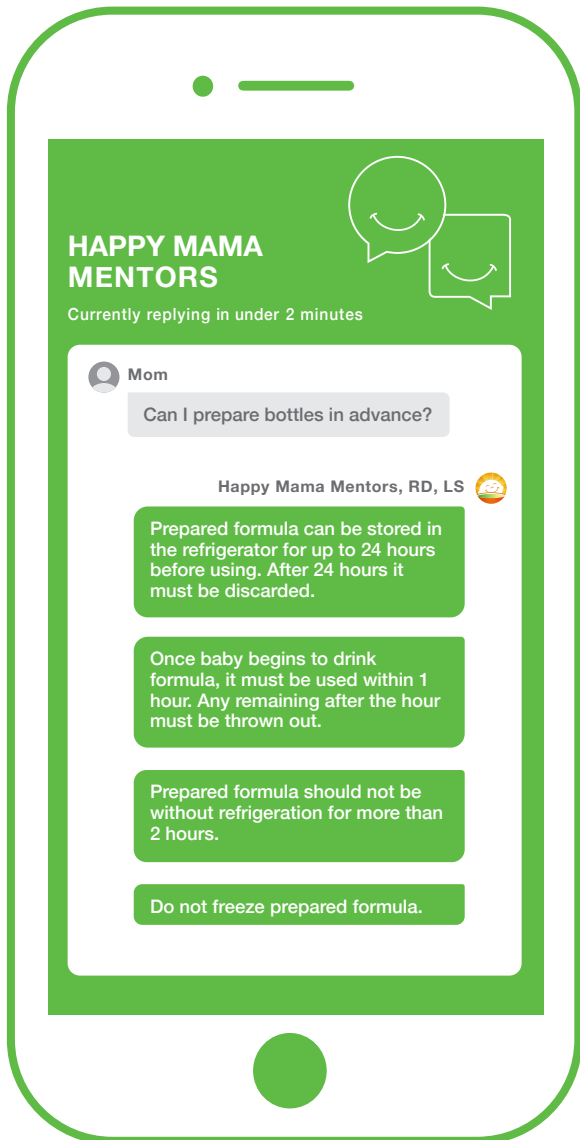
Andie
M.ED., RD,
LDN, CLC



Angela
RD, LDN,
CBS



Janel
MS, RD,
LDN, CBS



Happy Family Organics offers a **FREE** infant feeding and nutrition chat program run by a team of Registered Dietitians and Lactation Consultants called the Happy Mama Mentors (who are also all moms!).

We are available **7 days a week** to chat 1:1 with parents, with **no appointment necessary**, about anything related to feeding and nutrition for both mom and baby, whether that's breastfeeding, formula feeding, picky eating or starting solids, and more!

There are no strings attached - just **completely FREE support**. Plus, we don't take any personal information and never market our products through the chat.



Happy Family is proud to have offered this service since April 2017, and to date **OUR EXPERTS HAVE HELPED OVER 52,000 PARENTS!**